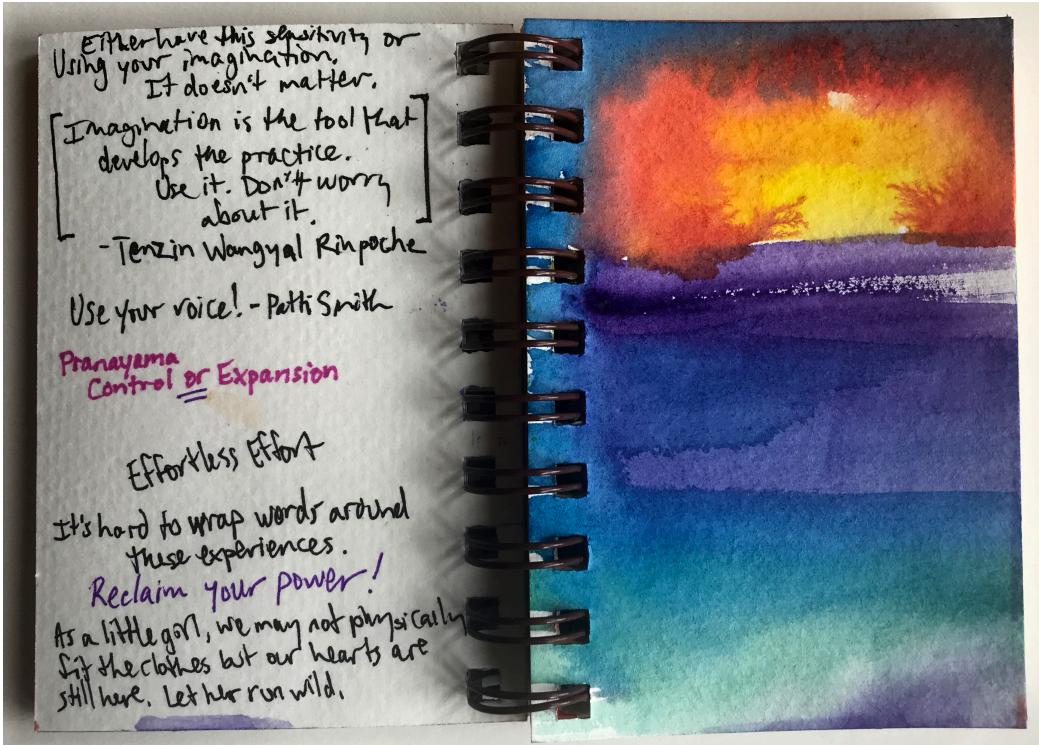


Alisa Algava



Let Her Heart Run Wild

watercolor/pen & Sharpie 7" x 5"
NFS

"A few weeks ago, I finally began painting little watercolors in a small journal I found in Mom's house and have been carrying around with me. One of the blank ones she had not yet started. Around the same time, I joined a weekly embodied meditation group. The combination of notes and images are directly inspired by my mama's journaling. This particular piece is literally and metaphorically water, horizon, movement, light. That light in each of us that shines within and without. Our mama wrote to me and Carin in a note we just discovered: "I will always be by your side. M amacita." I carry her in me in this painting, in these notes, in this little journal wherever I go."

"I am so forever blessed, in our mama Priscilla Snow Algava's words, to be one of her "two greatest works of art." When anyone asks me if I'm an artist, too, I always answer, "Well, my mom is an artist and an art teacher, so the answer is, well, yes!" And, like her, I am also an educator. For my entire life I felt deeply our mom's unconditional love, her capacity to see beauty in everything and everyone. Eventually, as an adult, I realized how fortunate I am. With her seeing love, I got to be fully me. And now. My mama's love is in me, is in everyone who ever knew her. My friend wrote to me this week about Mom: "She loved the world and everyone in it so deeply." I do, too. I breathed that way of learning living seeing into every ounce of my being from our mom, and from both our loving parents, from all our family born and chosen. I miss my mama. Every day. Every moment. And always always will."